

## Questions for Reflection

Name \_\_\_\_\_ Date \_\_\_\_\_

Please complete the following questions.

1. The most interesting part of this unit was:
2. The least interesting part of this unit was:
3. Describe how what you have learned about advertising in this unit has improved your ability to make healthy choices.
4. What do you think is the most valuable thing you have learned about advertising?
5. Do you think learning about advertising techniques will make you better able to resist advertising for products that have a negative influence on health? Explain your answer.
6. Are there other products or services that you have become aware of that use advertising techniques similar to those used to sell alcohol or tobacco products? Give some examples, and your opinion of whether it is a product or service that promotes health.